

The Center for Christian Spirituality at
the University of San Diego and
The Religious of the Sacred Heart present:

Life Directions Retreat for Young Adults



Facilitated by:

Regina Shin, R.S.C.J , Deanna Rose VonBargen, R.S.C.J.
and Barbara Quinn, R.S.C.J.

This day long retreat is for women and men
in their 20's and 30's who are facing major choices
in their lives and who want help with discerning
the next steps. The day will include input,
sharing, quiet prayer, reflection, and food!

When: Sunday, February 21; 10 a.m. - 4 p.m.
Where: Salomon Hall, Bishop Maher Hall, USD
Fee: \$20 (lunch included);
Pre-registration required by February 15, 2010.

Contact information: 619-260-4784 or ccs@sandiego.edu
Website: www.sandiego.edu/ccs